

# Physical Education

Year group: 3/4

Term: Cycle A Autumn 1

## Prior knowledge

Pupils will have an understanding of underarm and overarm throwing to beat their opponents.

Pupils will know why we need to be accurate when we throw.

## National Curriculum Objectives

- Use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending



## Topic overview



## Invasion - Netball

The unit of work will explore how to apply the principles of attack vs defence, with a particular focus on passing and moving. Pupils will learn how to keep possession and eventually score in order to win a modified game.

## By the end of this unit, I will be able to:

**Physical** - Pupils will develop their passing and moving skills to outwit their opponents and keep possession of the ball.

**Cognitive** - Pupils will apply an understanding of where, when and why we pass and move, in order to score points against another team.

**Social** - Pupils will develop life skills such as respect and communication as they collaborate with others including their opponents.

**Wellbeing** - Pupils will apply their skills with developing confidence as they grow in their ability to show resilience and determination

## Key vocabulary

- Chest pass
- Bounce pass
- Overhead
- Pass and moving skills
- Shot
- Collaborate
- Marking
- Teamwork